

Dear Parents and Carers

As you know Heathwood Lower School is now closed for the majority of children.

**In the event of a safeguarding concern, Mrs Dove is the Designated Safeguarding Lead and can be contacted in confidence by email at:**

**[safeguarding@heathwood.beds.sch.uk](mailto:safeguarding@heathwood.beds.sch.uk)**

Further support can be found at:

Children's Services (Social Care)  If you think a child you know is being harmed or at risk of being harmed, please contact the Access and Referral Hub who you can talk to about your concerns. They will give you advice or may investigate the circumstances.  All child protection calls are treated in confidence and you don't need to give your details.	The HUB: 0300 300 8585 Emergency out of hours: 0300 300 8123  Email: <a href="mailto:cs.accessandreferral@centralbedfordshire.gov">cs.accessandreferral@centralbedfordshire.gov</a>
NSPCC	0800 800 5000 <a href="https://www.nspcc.org.uk">https://www.nspcc.org.uk</a>
Childline	0800 1111 <a href="https://www.childline.org.uk/">https://www.childline.org.uk/</a>
Samaritans	08457 90 90 90 <a href="https://www.samaritans.org/">https://www.samaritans.org/</a>
Kooth online counselling for young people	<a href="http://kooth.com">kooth.com</a>
CHUMS-Mental Health and Emotional wellbeing <b>for children and young people</b> -offers therapeutic support for children and young people with a variety of mental health and wellbeing needs.	01525 863924  <a href="http://chums.uk.com">http://chums.uk.com</a>  Email: <a href="mailto:info@chums.uk.com">info@chums.uk.com</a>
CAMH-Provides outpatient assessments, support and treatment for children and young people up to the age of 18 experiencing moderate to severe mental health problems.	Central Bedfordshire CAMHS (South)  01582 707635 (available Monday to Friday, 9am to 5pm)
Support for domestic violence	<a href="https://www.womensaid.org.uk">https://www.womensaid.org.uk</a>
Parenting and family support	<a href="https://www.familylives.org.uk">https://www.familylives.org.uk</a>
Internet and online safety.	<a href="https://www.getsafeonline.org/safeguarding-children/">https://www.getsafeonline.org/safeguarding-children/</a>